Sonya Jane | Artist Curriculum Vitae

Sonya Jane, a visual artist from Canberra, Australia, is rekindling her passion for painting after taking a hiatus to raise her children post-Art School graduation. Sonya reflects, "Art is the soul's language; sometimes, we must step away and live fully to enrich the stories we tell when we return." Now, with renewed vigour and a wealth of life experiences, she is ready to immerse herself back into the vibrant world of art, creating works with an aim to connect and resonate with depth and emotion.

Education

Australian National University (ANU), School of Art, Bachelor of Visual Arts, Textiles and Printmaking, 1995 - 1992

Group | Solo Exhibitions

- 2025 The Incognito Art Show, Sydney, NSW, 31 May 1 June
- 2024 *Tim Copes Portrait* Exhibition, Bowral District Art Society (BDAS), Val Fox (Sitter), Oil on Canvas NSW, 21 Sep 7 Oct Canberra Art Workshop, M16 Art Gallery 1, ON SHOW, Sustainability, Members Exhibition, ACT, 13 June 7 July
- 2023 Strathnairn Arts Association, Woolshed Gallery, LITTLE SQUARES, ACT, 5 27 Aug, ACT
 Canberra Art Workshop, M16 Art Gallery 1, TESTAMUR 5, Members Exhibition, ACT, 27 Oct 19 Nov
 Canberra Art Workshop, M16 Art Gallery 1, ON SHOW, Transitions, Members Exhibition, ACT, 11 May 4 June
- 2022 John Copes Portrait Prize, BDAS, Professor Mark Howden (Sitter), Oil on Canvas, NSW, 17 Sep 3 Oct Canberra Art Workshop, M16 Art Gallery 1, ON SHOW, Emergence, Members Exhibition, ACT, 14 April - 1 May Canberra Art Workshop, M16 Art Gallery 1, TESTAMUR 4, Members Exhibition, ACT, 20 Oct - 6 Nov Canberra Art Workshop, M16 Art Gallery 1, PROFILE, Portrait Member Exhibition, ACT, 16 June - 3 July
- 2021 Canberra Art Workshop, The Link, Strathnairn Arts Association. ON SHOW, Members Exhibition, ACT, 18 April 24 May Canberra Art Workshop, M16 Art Gallery 1, TESTAMUR 3, Members Exhibition, ACT, 30 Oct 14 Nov
- 2020 Southern Bouy Studios Portrait Prize, UNFINISHED BUSINESS, Neville Perkins (Sitter), Mornington, Victoria, 18 May 10 June Canberra Art Workshop, M16 Art Gallery 1, ON SHOW, Members Exhibition, ACT, 13 30 Aug, ACT
- 1996 Australian National Capital Artists (ANCA), Emerging Artist Exhibition, MEGALO Print Studio, Sonya Jane, A selection of prints
- 1995 Canberra School of Art, Drill Hall Gallery, FINISH, Graduating Student Exhibition, ACT, 17 Dec Canberra School of Art, MEMENTO MORI MUROROA, Chat's Café, Australian National University, ACT
- 1993 Canberra School of Art, Photospace Gallery, GONE TO GREAT LENGTHS, Australian National University, ACT

Awards | Prizes

- 2024 Finalist, TIM COPES PORTRAIT Prize, Bowral District Art Society, Val Fox (Sitter) oil on canvas, Bowral, NSW
- 2022 Finalist, JOHN COPES PORTRAIT Prize, Bowral District Art Society, Professor Mark Howden (Sitter) oil on canvas, Bowral, NSW
- 2020 Finalist, SOUTHERN BOUY STUDIOS PORTRAIT Prize, UNFINISHED BUSINESS, Neville Perkins (Sitter) oil on canvas, Mornington, Victoria
- 1995 Awardee, Emerging Artist Award Scheme (EASS), Megalo Arts Organisation, ACT
- 1995 Awardee, Emerging Artists Award Scheme, Canberra School of Art, ACT

Grants

- 2021 Recipient, Inaugural Mavis Hall Trust Grant, Canberra Art Workshop, ACT
- 2019 Recipient, ACT Bursary Award Scheme, Australian Museums & Galleries Association

Travelling Exhibitions

- 1995 As the recipient of the above EASS Award, my artwork was chosen as part of the Emerging Artists travelling exhibition which travelled around Australia.
- Student exchange exhibition as part of the International School of Art in Glasgow, my artwork travelled around Glasgow, Edinburgh, Dundee, Chicago, and Japan.

Artist Residencies

- 1996 Recipient, Emerging Artist Award Art Residency, Megalo Arts Organisation, ACT (2 weeks)
- 1985 Recipient, Canberra School of Art/Canberra Rep theatre, student residency, ACT (2 weeks)

Workshops (teaching) | Presentations

- 2023 Presentation, THE ARTISTS ROUND UP, Canberra Art Workshop, M16 Artspace, ACT, 27 28 May
- 2022 Presentation, EXPOSE Canberra Art Workshop, Art Studio members, ACT, 7 Oct
- 2020 Workshop, THE ART OF FRAMING, FramebyFrame, Fine art picture framing studio, ACT, 10 11 Feb
- 2019 Workshop, HOW TO STRETCH YOUR CANVAS FramebyFrame, Fine art picture framing studio, ACT, 15 16 Sep.

Professional Development (attended in person and or online)

- 2025 Workshop, Expressive Head Drawing with Korean Artist Zin Lim, 11 13 April, Sydney, NSW
- 2024 Workshop, Expressive Drawing with Australian Artist Jody Graham, 19 20 Oct, Bowral, NSW
- 2023 Workshop, Dynamic Portraits with Australian Artist Noel Thurgate, 20 21 May, Canberra, ACT
- 2023 Workshop, Acrylic Plus with Australian Artist Kerry McInnis, 25 26 Feb, Bowral, NSW
- 2023 Workshop, Life Drawing with Australian Artist Noel Thurgate, 23 24 Sep, Bowral, NSW

Interviews | Publications

- 2022 The CBR Woman, Interview Rapid Fire, Vimeo video
- 2021 HerCanberra, A unique journey: meet Sonya Thoms, 22 Dec
- 1995 The Canberra Times, Those Finishing Touches, Dec

Community Projects

1995 Refugee Week, designed and screen-printed a promotional poster